

Concerns About Confidentiality

- Explain the limits of confidentiality, if any, as defined by your position in your department.
- Let the student know that no records of reports of sexual assault, relationship violence, and/or stalking are kept in permanent academic records.

Fears for Personal Safety

- Ask if the student has a safe place to stay. If not, CASAS can assist with changing rooms or temporary housing.
- CASAS can help students victimized by relationship violence, stalking, harassment, sexual assault or fear of reprisal create a Safety Plan.

Health Concerns

- In the case of a sexual assault that occurred within the last 72 hours, students can go to St. Joseph's Hospital or the Student Health Center for a forensic exam.
- If it is after the 72-hour period, students are encouraged to seek follow-up health care at the Student Health Center for physical injuries, a general physical exam, and testing for sexually transmitted infections, pregnancy, and HIV.

Regaining a Sense of Control

Encourage the student to contact CASAS for crisis intervention, advocacy, and support in understanding, evaluating, and choosing available resources, including:

- Individual advocacy
- Support groups
- Reporting options
- Financial services
- Accompaniment to legal and/or medical appointments
- Academic support
- Judicial Affairs options
- Medical concerns
- Safety issues

650-3700

**24-hour Help Line for
Enrolled Western Students**

**Want to know more about how to help?
Contact Devlin O'Donnell to enroll in the
CASAS Safe Space Training
at 650-7982.**

10-08

ADCAS and CASAS are parts of

Prevention and Wellness Services

Old Main 560 | 650-2993

www.wvu.edu/chw/preventionandwellness/index.html

AA/EO Institution

To request this brochure in an alternate format,
call (360) 650-2993

Partners in Health

How Faculty and Staff Can Help Students
Experiencing Alcohol or Other Drug Problems,
Sexual Assault, Relationship Violence, or Stalking

Western faculty and staff may be aware that alcohol abuse, drug use, and violence can negatively affect the quality of students' lives and ability to succeed academically. However, many faculty and staff may not be comfortable addressing these problems or making a referral if a problem is identified.

The information inside this card offers **basic guidelines** for identifying a problem and making a referral.

Western's **Alcohol and Drug Consultation and Assessment Services (ADCAS)** offers confidential consultations to help faculty and staff assist Western students. Call 650-3643 for a telephone consultation or to schedule an appointment.

Crime and Sexual Assault Support Services (CASAS) offers confidential support and resources to Western students through a 24-Hour Help Line — 650-3700. Call the CASAS office at 650-7982 for consultation and information.

Educational Opportunities to Raise Awareness

In addition to assisting students who may have problems, faculty members have a unique opportunity to raise awareness about violence and sexual assault and alcohol/drugs in course material. For example, a psychology class could discuss the impact of alcohol abuse on family dynamics or a business class could discuss measures to take when domestic violence begins to affect employees at work.

If you would like to discuss integrating these issues into course material, if you would like to schedule a presentation addressing alcohol and drugs, violence and sexual assault, or WWU prevention approaches, or if you would like information about campus and community resources call:

ADCAS Coordinator (Elva Giddings) 650-3643
CASAS Case Manager (Devlin O'Donnell) 650-7982

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How to help students who may be having alcohol and/or drug related problems:

Possible Indicators of an Alcohol/Drug Issue

- Declining academic and/or work performance
- Frequently turning in assignments late or not at all
- Frequently arriving to class or work late or not at all
- Missing classes or work, especially early morning
- Declining or erratic participation in class or work
- Attending class or work “hung over” or very tired
- Drastic mood swings

While these signs may alert you to the possibility of alcohol/drug abuse, they are not exclusively indicators of such problems. They may also indicate impact created due to use by a friend or family member. These indicators may prompt you to initiate a supportive conversation with the student.

Talking With Students

- Ask to talk privately with the student
- Tell the student that you are concerned and use concrete examples to describe your concerns
- Tell the student that professional, confidential resources exist on campus to assist him or her
- Refer the student to ADCAS, Old Main 560C
- Call 650-3643 to arrange an appointment during your meeting with the student
- Ask the student to commit to keeping the appointment
- Follow-up with the student later
- At any time, call 650-3643 for consultation with a professional on how to proceed

What Students Can Expect From ADCAS

- Confidential discussion with a professional trained to address alcohol and drug issues and problems
- Respectful environment
- Useful, nonjudgmental information
- Assessment of individual alcohol/drug risk
- Individualized personal feedback on alcohol/drug use patterns and consequences
- Skills training to reduce risks related to current and future choices about alcohol/drug use
- Referral to appropriate campus and community resources, including support and treatment options



Cut out the card below and file it for future reference.

ADCAS

Alcohol and Drug Consultation, Assessment and Skills Program

Old Main 560-C 650-3643

www.wvu.edu/chw/preventionandwellness/ad_overview.html

- ★ Free, professional, confidential services to WVU students concerned about their own or someone else's drug and alcohol use.
- ★ Professional consultation for faculty and staff concerned about a student.

How to help students affected by sexual assault, relationship violence, or stalking:

Faculty and staff members are likely to be one of the first points of contact for a student who has experienced sexual assault, relationship violence, or stalking. If you are not comfortable discussing these issues, please refer the student to the CASAS 24-hour help line at 650-3700.

If you choose to be the student's initial source of information and support, this brief guide provides suggestions about how to help.

Warning Signs

- An abrupt attendance problem
- A sudden change in classroom participation
- Missing assignments
- Signs of bruising or injuries
- Appears fearful, depressed, anxious, vigilant
- Leaves the room or cries during discussions related to abuse
- Has friends that report that she/he is in a “bad” relationship
- Has frequent, unexplained medical appointments

What You Can Do

- Be supportive
- Be non-judgmental
- Listen with concern
- Validate the student's feelings and concerns— do not dismiss his/her reactions or experiences
- Provide information, options and referrals
- Avoid making decisions or choices for the student
- Do whatever you can to insure the student's continued safety

What You Can Expect

When someone is victimized, several key issues surface:

- Concerns about confidentiality
- Fears for personal safety
- Health concerns
- Loss of a sense of control



Cut out the card below and file it for future reference.

CASAS

Crime and Sexual Assault Support Services

Sexual Assault/Abuse Relationship Violence Stalking

Old Main 585-B 650-3700

www.wvu.edu/chw/preventionandwellness/vp_casas.html

24 Hour Help Line for Enrolled Western Students

A confidential resource for recent or past assaults