

WWU Counseling Center
540 Old Main
8:30 a.m. – 4:30 p.m.

How to reach us:

During office hours call **650-3164**

For after-hours emergencies (between 4:30 p.m. and 8:30 a.m. and on weekends) call **650-3555**

Eligibility for services: Any WWU student who is enrolled for **six** or more credits may use the Counseling Center. All services of the Counseling Center are free.

Our services to students: We offer psychological assessment, individual and couples' counseling in a brief counseling model, group counseling, and psycho-educational workshops to help students address their concerns and gain the skills to be successful at WWU. We also assist students by referring them to other services on campus and in the community who offer more specialized or longer-term help to students.

Responding to urgent needs: In addition to appointments scheduled in advance for students, our Center maintains some same-day appointment times for students whose needs are urgent. Afterhours a member of our staff is available by phone for emergencies. Call the University Police dispatch number at **650-3555** to reach the on-call counselor.

Our services to faculty and staff: Faculty and staff often are the campus community members who are first to observe signs that a student may be experiencing distress. You may consult with a Counseling Center staff member about how to facilitate the referral of a student to the Counseling Center and other campus resources. Call our office at 650-3164 and ask to speak with a member of our professional staff for consultation.

Some signs and symptoms of student distress include marked changes in behavior such as uncharacteristic procrastination and poorly prepared work, infrequent class attendance, lack of energy, falling asleep in class, poor personal hygiene, impaired speech or garbled and disjointed thoughts, threats to harm oneself or others, and high levels of irritability and/or tearfulness.

Counseling Center staff also can provide consultation with academic departments on topics such as suicide prevention, responding to students in distress, working with students following a crisis, or other topics of particular relevance to your department's work with students.

Confidentiality: We are bound by HIPAA and are unable to share information about a student unless the student gives us explicit written permission to do so. Hearing from you about what you have observed in a student's behavior or what a student has told you can be helpful to us, but please be aware that we cannot respond in kind.

Visit our website: <http://www.wvu.edu/chw/counseling/index.shtml>

Note section on Faculty/Staff Referrals