



**Greetings!** Before you delve into the recommended resources below, I want to remind all that valid passports are now required for all air travel to/from anywhere outside of the US or its territories - including Canada and Mexico. This security initiative applies to all persons, including children, as of January 23, 2007.

Passports are *not* yet required for cross-border travel by land so this new security initiative should not deter anyone from registering for the 2007 *STUDY CANADA Summer Institute for K-12 Educators* held in Vancouver and Whistler, BC, June 24-29. Out-of-state participants can always fly domestically into Seattle and take the regularly scheduled Quick Coach service from Seatac Airport to the Delta Suites Hotel in downtown Vancouver. (A 10% discount is even being arranged!) If you prefer to fly directly to Vancouver, further information about obtaining a passport, is available at [www.dhs.gov](http://www.dhs.gov) or [www.travel.state.gov](http://www.travel.state.gov). More detailed information relating to STUDY CANADA as well as the various travel options available on our website at <http://www.k12studycanada.org/scsi.shtml>. A draft agenda detailing the sessions is also online. Please contact me with any questions about the program or travel. Consulate of Canada offices in the US generously assisted many participants with travel costs in 2006 and their support will be solicited on registrants' behalf again this year.

Since February is Black History Month in the USA, (and officially recognized in Canada in 1995 following a motion introduced by Jean Augustine, the first black Canadian woman elected to Parliament), a few related resources are offered below. I have included several that will interest teachers and students at a variety of grade levels. There is even a special opportunity for **science** teachers and students to participate in an international program in Canada this summer where all but travel expenses are covered (see attachments, too). *Read on...and Happy Valentine's Day* (the best time of year for Hallmark Cards) and *Happy Chinese New Year* (Feb 18). We will soon move from the *Year of the Dog* to the *Year of the Pig*, again! Tina Storer

Please notify me if you have incorrectly received duplicate notices or reply with "Please remove me from the Canada Listserv" should you not wish to receive more. Resource notices are also available at [www.k12studycanada.org](http://www.k12studycanada.org) under *K-12 News*. *K-12 STUDY CANADA* represents shared outreach by WWU's Center for Canadian-American Studies & UW's Canadian Studies Center that jointly form the Pacific Northwest National Resource Center for Canada, funded by the US Department of Education (Title VI). The Government of Canada provides additional outreach support.

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\* **1000 DAYS OF OPPORTUNITY** - It's not too late for Puget Sound area teachers and interested community members to register for the Thursday lecture series in Seattle, ***1000 Days of Opportunity: Building a 2010 Legacy for Washington***, presented by the Consulate General of Canada and the University of Washington's Canadian Studies Center in the Henry M. Jackson School of International Studies. Registration is free and open to the public at <http://www.prestoregister.com/cgi-bin/order.pl?ref=WorldAffairsCouncil&fm=4%20>. Locations to be announced at [www.world-affairs.org/1000days.htm](http://www.world-affairs.org/1000days.htm).

1. ***Getting to the Games - Border Security, Transportation and Public Health*** (February 1)
2. ***The Business of the Games*** (February 8)
3. ***Beyond the Games - Showcasing Sustainability*** Thursday, February 13, 2007 - 12-1:30 pm
4. ***Our Past, Present and Future - Building a Legacy with the Four Host Nations*** Thursday, February 22, 4-6 pm

\* **PERIMETER INSTITUTE'S SUMMER SCIENCE CAMPS** - Please share the attached details about the exciting summer programs for science teachers (called *Einsteins Plus*) and for young scientists, age 16 to 17 (*International Summer School for Young Physicists/ISSYP*), at the Perimeter Institute for Theoretical Physics in Waterloo, Ontario, Canada. This summer science camp challenges international students with some of the most fascinating ideas about how our universe works – from the weird quantum world of atoms to black holes, warped spacetime and the expanding universe. 50 international students with a keen interest in science will take part and have ***all expenses in Canada*** covered by the Perimeter Institute! Two sessions are offered for students: July 27-August 8 or August 14- 26. Three 1-

week sessions are available for science teachers. Details and applications for both programs are in the attached documents. April 17 is the deadline.

\* **CANADIAN BLACK HERITAGE IN THE THIRD MILLENIUM** - A collection of creative lessons about Black

Canadian history (suitable to different K-12 levels) are available at <http://fcis.oise.utoronto.ca/~gpieters/lessons.html>. I was excited to discover all of this curriculum material and hope you will be, too! The webpage is offered through University of Toronto's OISE site so it is reliable and trustworthy.

\* **CLASSROOM FILMS ON BLACK CANADIAN HISTORY** - Two films worth ordering:

**Path to Freedom - Buxton, Ontario** (Episode 31/65 part series *History Lands*) Good Earth History  
**Cost: Single School \$75.00 VHS/DVD Home Use Only: \$24.95 VHS/DVD**  
**Running Time: 30 mins Grade Level: Jr High - Adult Order by Phone: 1.866.722.1522**  
**Production Date: 1999 Study Guide Avail: Online Closed Captioned: Yes Not available in French**

The history of Buxton, Ontario is tied to the grand vision of one man, and the triumph of the human spirit. It is a defining symbol of the beginnings of Canada's identity as a benevolent, democratic nation, the underground railroad. But Buxton is also a thriving, modern community that celebrates its rich past. The Elgin settlement at Buxton, Ontario was established in 1849, by Reverend William King, who brought 15 former slaves to Canada. He developed a model community in which freed and refugee slaves could thrive, retain their freedom and become productive, independent citizens. Descendants of the original residents make up the modern community of Buxton, and each year, they welcome hundreds of others to a reunion that continues to commemorate the settlement's rich and glorious past.

**Voice of Freedom** (Episode 20/52 part series *A Scattering of Seeds: The Creation of Canada*) White Pine Pictures  
**Cost: Single School \$75.00 VHS/DVD Home Use Only: \$24.95 VHS/DVD**  
**Running Time: 30 mins Grade Level: Jr High - Adult Order by Phone: 1.866.722.1522**  
**Production Date: 1999 Study Guide Avail: Online Closed Captioned: Yes In French: *La voix de la liberté***

Jacques Holender's "Voice of Freedom" captures the voice of Ugandan refugee Opiyo Oloya as a broadcaster, teacher and writer. It also reveals the existence of a vibrant African culture in Toronto. Opiyo Oloya fled Uganda for his life in 1981, leaving behind his family for a while, his attachments with all things African. Once in the strange land of Canada, changes crept in on him slowly, whittling away at his native core. Opiyo soon re-established connections with his African culture. As a teacher, he tells his story to students and learns about their experiences. Hosting "Karibuni", an African music show on CIUT Radio in Toronto, allows him to share his African element - a part of himself- with the wider Canadian audience.

\* **CANADIAN COUNCIL FOR GEOGRAPHIC EDUCATION** – A must-visit site for teaching about Canada! Two areas of interest for your classrooms include:

**Migration: The Human Journey** - A set of 41 themed geography lessons searchable by province and level), produced in collaboration with Statistics Canada using Census 2001 data. For additional info, visit [www.ccge.org/ccge/english/Resources/LessonPlans/lessonPlans\\_search.asp?chk=migration](http://www.ccge.org/ccge/english/Resources/LessonPlans/lessonPlans_search.asp?chk=migration)

**A Canadian Inventory: The Way We Are!** - *The Canadian Atlas Online* (pages 8-9) provides a general inventory of Canada's wealth and usage of resources. A series of lessons that uses that resource has been uploaded by the CCGE to help students focus on factual information and produce summaries that will connect with other themes as well. Visit <http://www.ccge.org/ccge/english/Resources/LessonPlans/matrix.asp> for lots of curriculum material that's ready to use!

\* **CANADIAN RECIPE OF THE MONTH** – Black Canadians often celebrate this month with foods that recall roots with the southern US such as "red beans and rice", a Louisiana favorite. That connection led me to the excerpt and recipe below adapted from *The Canadian Cookbook: History, Folklore and Recipes with a Twist* (pp.100-101). I hope you try it and like it!

## Molasses and Rum-baked Beans (Serves 6)

*Beans! Canadian settlers relied on them, explorers and fur trappers regarded them as a necessity, armies consumed them in large quantities and, during the Klondike Gold Rush, they sold for \$1.50 per pound.... Long before European explorers came to North America, the Iroquois and other Native North Americans were making baked beans, combining the beans with maple syrup and bear fat in earthenware pots that were baked in hot coals. The settlers learned this cooking method from the Natives, substituting molasses and pork fat. Although not used nearly as much today, molasses (treacle to the British) was a cheap and convenient sweetener before improved methods of sugar refinement reduced sugar prices following World War I.*

### Ingredients:

1 lb dried navy beans  
2 tsp olive oil  
1 clove garlic, minced  
3 bay leaves  
1 C onion, finely diced  
2 tsp Worcestershire sauce  
¼ C dark brown sugar  
½ C un sulphured molasses  
¼ C ketchup  
1 Tbsp apple cider or balsamic vinegar  
1 Tbsp Dijon mustard  
1 Tbsp tamari  
½ C dark rum  
3 C hot water (plus additional as needed)

### Instructions:

- Place beans in a large pot of boiling water over high heat. Once water has returned to a boil. Turn off heat and let stand for one hour.
- Preheat oven to 275°F. Drain beans and place in a large mixing bowl. Add remaining ingredients (except oil and water) and mix well.
- Brush an 8-Cup Dutch oven or ovenproof bean pot with olive oil, add bean mixture and pour hot water over top.
- Bake, covered, for 5 to 7 hours or until beans are tender.
- Gently stir in additional water as liquid is absorbed by the beans.

**Tip:** This dish needs to bake for more than 5 hours so get an early start!

\* **RUTH WRITER'S REVIEW OF ADULT FICTION** - Jacqueline L. Tobin with Hettie Jones. ***From Dawn to Midnight: The Last Tracks of the Underground Railroad*** (New York: Doubleday, 2007). [ISBN 978-0-385-51431-6]

While most of the reviews I have done are fiction, this month I feel compelled to review a non-fiction book. Since February is Black History Month, this book is a perfect match with both that and Canada. Some may remember the first rate book by Jacqueline L. Tobin—***Hidden in Plain View: A Secret Story of Quilts and the Underground Railroad***. Her latest work, ***From Midnight to Dawn: The Last Tracks of the Underground Railroad***, continues this wonderful and fascinating story of those who arrived in Canada. While history teachers and students alike know of the basic concept of the Underground Railroad, both of Tobin's works expand on the story to answer so many questions.

Most books on the covert and illegal assistance of the fugitive slaves end the tale at the border with Canada. ***From Midnight to Dawn*** delves into the lives of those who flourished in the land of freedom—Canada. Tobin researched several of the communities in the peninsula bordered by three Great Lakes in the Windsor and Niagara areas. Of particular note are the southwestern Ontario communities founded in part by the fugitives such as Dresden, Chatham, Amherstburg, and Buxton [Elgin].

She also weaves the tales of such notable residents as Mary Ann Shadd and Henry Bibb. Ms. Shadd was born in the U.S., spent some time educating and enlightening those who fled to Canada, and returned to the U.S. where she was the first female to obtain a law degree from Howard University in the post war era. Still another portion of the book is devoted to Josiah Henson. Thought to be one of the several models for Harriet Beecher Stowe's Uncle Tom character, Josiah Henson became world famous. She even includes the visit by firebrand John Brown.

This should be on the "to buy" list of any teacher. All who have ever wondered "and then what happened" to the fugitives once they reached Canada will have the questions answered in this one resource.

