

Here are some new resources on Canada to consider for the New Year! I hope all items inspire lessons about our neighbor to the North and that those seeking a stronger foundation for teaching Canada will register for the 2007 STUDY CANADA Summer Institute (see item 7 below). Please contact me with suggestions for future topics or let me know if I can assist you further. Tina Storer

Reply with "Please remove my name from the Canada Listserv" should you not want future notices. They are also available at [www.k12studycanada.org](http://www.k12studycanada.org) under K-12 News. K-12 STUDY CANADA represents shared outreach by WWU's Center for Canadian-American Studies & UW's Canadian Studies Center that jointly form the Pacific Northwest National Resource Center for Canada, funded by the US Department of Education (Title VI). The Government of Canada provides additional outreach support.

**1. UNDERSTANDING CANADA** - Designed for Grade 4-6 students, *Exploring Canadian Communities* at [www.collectionscanada.ca/settlement/kids/index-e.html](http://www.collectionscanada.ca/settlement/kids/index-e.html) helps children better understand Canadian culture and heritage today by understanding who some of Canadians' ancestors are, and how they settled Canada. Some questions considered include: When and why did people choose to come to Canada? How did they interact with the communities of people, both Aboriginal and immigrant, already living here? What traditions and beliefs did these different communities bring and share? This website showcases just some of the pictures and other documents that are part of Library and Archives Canada's collection. Take a look at the settlement material, for example, There are curriculum tie-ins to history, national identity, human rights, culture, multiculturalism, language arts and geography. Educational resources complement the site, including a full teaching unit with an evaluation rubric.

**2. CONNECTING TO CANADA THROUGH TRADE** - At more than \$1.5 billion US per day, Canada-US trade supports over five million jobs in the United States, and two million in Canada. Our shared Smart Border helps ensure the safe and secure trade of over 200 million border crossings per year. You can learn more about the Canada-US trade partnership--the world's largest--by visiting [http://geo.international.gc.ca/can-am/washington/trade\\_and\\_investment/trade\\_partnership-en.asp](http://geo.international.gc.ca/can-am/washington/trade_and_investment/trade_partnership-en.asp). To learn how your state, in particular, exports to and imports from Canada, visit [http://geo.international.gc.ca/can-am/washington/state\\_trade\\_2006/state\\_trade\\_2006-en.asp](http://geo.international.gc.ca/can-am/washington/state_trade_2006/state_trade_2006-en.asp) to download the 2006 State Trade Fact Sheet for your state. It's interesting to note that 38 states have Canada as their leading export market.

**3. CHANGING DEMOCRACY** – Teachers of comparative government will be interested in the online textbook available at [http://canadawiki.org/index.php/Civics\\_Canada\\_Online\\_Textbook#Changing\\_Democracy](http://canadawiki.org/index.php/Civics_Canada_Online_Textbook#Changing_Democracy). If you have never been to the Canadawiki site before, this is the perfect time to begin exploring all of the excellent information available on Canada. Some sample chapters and topics are:

- **The Changing Nature of Citizenship within Canadian Democracy** - including [Canadian Democracy and Citizenship in the 21st Century](#)
- **Parliament - The Heartbeat of Democracy** - including [The Workings of Parliament](#)

- **Federalism - Conflict and Cooperation** - including [The Nature and Function of Political Parties](#)
- **Voting - The Theory & Reality of Democracy** - including [Elections in Canada](#)
- **The Legal System and The Courts** - including [Courts in Canada](#)

**4. EXPLORE ARCTIC CANADA AND ITS CULTURE** - At NCSS last month, several of us had the chance to meet with Rosa Flynn, the Curriculum Specialist for Isuma Distribution International, who informed us about some wonderful educational materials for teaching about the Inuit, Nunavut and Canada. *Exploring Inuit Culture Curriculum (EICC)*, for example, is a multi-media unit of instruction geared toward upper elementary and middle school students that is now available on-line for \$150.00. I encourage you to visit <http://www.isuma.ca/teachers> for more information on *EICC* and their educational documentaries. You are also invited to email Rosa at [eicc@isuma.ca](mailto:eicc@isuma.ca) --she welcomes hearing from teachers interested in Canada's North.

**5. LITTLE MOSQUE ON THE PRAIRIE** - If you live in a border state and can tune in to CBC tomorrow night, you can watch the premier of this new television series that is garnering worldwide media attention for taking on both Islam and Christianity in a comic format. For the curious who can't access CBC, you can learn more about the show online at <http://www.littlemosque.ca>.

**6. DOWNLOAD A FREE COPY OF TEACHING CANADA** - *Teaching Canada*, the leading annual Canadian Studies outreach magazine published by the Center for the Study of Canada at Plattsburgh State University of New York, is now available online. Visit [http://web.plattsburgh.edu/offices/academic/cesca/files/TEACHING\\_CANADA\\_06.pdf](http://web.plattsburgh.edu/offices/academic/cesca/files/TEACHING_CANADA_06.pdf) and enjoy free access to a comprehensive review of contemporary Canadian and Canada-US issues as well as feature articles by leading government officials, scholars, teachers and outreach coordinators.  
(NB: The latest version of *Adobe Acrobat Reader* is needed to access the 4.23 MB file but it can also be downloaded for free.)

**7. EXPERIENCE BC: FROM THE 5 THEMES OF GEOGRAPHY TO THE 2010 OLYMPICS** - Join us June 24-29, 2007 for the STUDY CANADA Summer Institute for K-12 Educators and discover why teachers like Danna Brandt (Missouri) said, "STUDY CANADA exceeded my expectations in every area. I can't wait to share all I've learned with my students."

Held annually since 1978, participating in *STUDY CANADA* is simply the best way for K-12 educators like you to build a strong foundation for teaching about Canada. In fact, participants in the 2006 program rated it an impressive **4.96** out of 5! During the six-day program, you will stay in first-class accommodations and experience a wide range of classroom sessions and cultural activities in downtown Vancouver and Whistler Village. Faculty from WWU, UW and Simon Fraser University provide core sessions on Canada while a variety of speakers from aboriginal, government and Olympic organizations offer educational experiences not available to the usual tourist. Additional activities include a hosted walking tour of Vancouver and an environmental trek of Whistler's tree canopy by catwalks (or ziplines for those who are more adventurous!) You can also earn either 3 university quarter credits or 40 clock hours for professional development. Best of all, because of US Department of Education and Government of Canada grant support, the program is affordable. In fact, additional travel assistance/scholarships are also possible once your registration and payment are received.

Please visit <http://www.k12studycanada.org/scsi.shtml> for more details or contact me personally by email or phone. I have attached PDFs of the program description and registration form and encourage you to apply early.

**8. CANADIAN RECIPE OF THE MONTH** - Throughout the year, I will share recipes from a gift I received over the holidays--***The Canadian Cookbook: History, Folklore & Recipes with a Twist*** by Jennifer Ogle and Gregory Kennedy (published by Lone Pine Publishing, 2006) [ISBN-13: 978-1-55105-568-8] I love the consideration given to aboriginal, Inuit and immigrant Canadians as the foundation of Canadian cuisine and I will share the connections given to the cultural mosaic of Canada when introducing each recipe. My first choice is a personal favorite. The aroma of cardamom in the kitchen is heavenly and I loved the yummy warm dough when I was young!

**PULLA** (makes 1 loaf) - The earliest Finns to immigrate to Canada made their way to southern B.C. via Alaska in the 1800s. Like the Chinese, the Finns are famed for their work on the Canadian Pacific Railway, and they also found employment in the timber trade, in Ontario's mines, and in construction of the Welland Canal. Today, Thunder Bay boasts one of the largest Finnish communities outside of Finland. Finns here and in Finland consume more coffee per capita than almost any other nationality. The sweet coffee bread known as *pulla* is a popular Finnish recipe.

**Ingredients:**

¾ cup 2% milk  
½ cup brown sugar  
1/3 cup butter  
1 tsp sugar  
1 envelope (1 Tbsp)  
active dry yeast  
¼ cup warm water  
2 eggs beaten  
½ tsp cardamom  
1 tsp sea salt  
1 cup wholewheat flour  
2 – 4 cups unbleached  
flour  
1 tbsp coffee  
1 tbsp milk  
1 egg beaten  
1/3 cup unbleached sugar

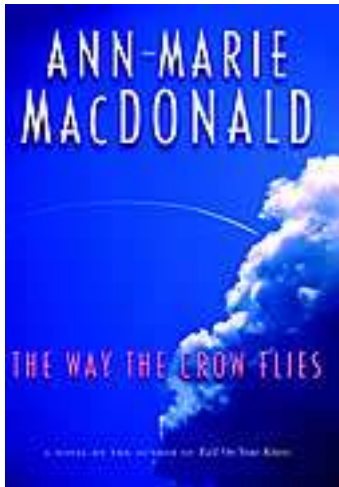
**Tina's tips:** *You can include golden raisins in the dough or pat almond slices on top of the braided loaf before glazing. Most Finns spread butter on each slice to make it scrumptious!*

**Directions:**

- Scald milk in a pot; remove from heat & stir in brown sugar and butter. Let mixture cool to lukewarm.
- Dissolve yeast and 1 tsp sugar in water and let stand 5-10 minutes to activate yeast.
- Once milk mixture is cool, stir in eggs, cardamom, yeast mixture and salt. Beat in wholewheat flour and 1 cup of unbleached flour. Continue adding flour (1/2 cup at a time) until you have medium-firm dough.
- Dust a work surface with flour and knead dough for 10 minutes, adding flour if dough is sticky.
- Lightly oil a large bowl and set dough inside, turning once to coat top.
- Cover with plastic wrap and a towel (to hold in some heat) and let rise until doubled (1-1/2 hours).
- Punch down, and divide dough into thirds. Roll each piece into a strand 18 inches long. Braid strands into a loaf and place on an oiled baking sheet. Let rise, covered, until almost doubled, about 40 minutes.
- Preheat oven to 375°F. Combine coffee milk and egg in a bowl. Once pulla is ready to bake, brush this liquid on as a glaze and sprinkle top with sugar. Bake for 30-35 minutes or until golden and bread springs back when pressed firmly.
- Best served warm.

**[Consider doubling the recipe and storing one of the loaves in the freezer for a future occasion!]**

**9. RUTH WRITER'S REVIEW OF ADULT FICTION** - Ann-Marie MacDonald. *The Way the Crow Flies*. (New York: Harper Collins Publishers Inc., 2003). ISBN 0-06-058637-0 [810 pages; \$14.95]



If you enjoy a great murder mystery and historical fiction, *The Way the Crow Flies* is an excellent read for the winter months. While the murder of Claire McCarroll is loosely based on the 1959 Lynn Harper homicide, the novel goes well beyond the typical murder tale. It is a sweeping story of families recovering from the events of World War II and coming to terms with their backgrounds both in Germany and Acadia.

Stephen Truscott, age 15, was found guilty of the 1959 murder of twelve-year-old Lynn Harper and was sentenced to hang. In the almost half century since the murder, Truscott had his death sentence commuted and was then released on parole after ten years with a new identity. Since then there has been much debate in Canada regarding what has been termed a miscarriage of justice in the Truscott case. After living in relative anonymity until 2000, he and his family decided to go public with his life story after other wrongful convictions made headlines such as the David Milgaard and Donald Marshall cases. In October of 2004, Stephen Truscott was again was in a courtroom. This time he hoped to learn of his vindication and possible compensation. It may take many more years to learn the final outcome of Truscott's appeal.

While Macdonald uses the Truscott case as her inspiration, as did Pierre Berton in his poem, "Requiem for a Fourteen Year Old," this novel is an interesting examination of the nature of lifestyles and issues in the Cold War era. There is the fascinating look at the relationship between Canadians and Americans during the year of the Cuban missile crisis of the early 1960s. The reader can recall the popular culture of that era, if old enough to remember the early 1960s. Set among the homes and community of an air force base near London, Ontario, and the U.S. border, the characters survive that fateful fall on into the next spring when the murder of a nine-year-old American girl rocks the core of the base. There is great detail on the sexual misconduct of one of the teachers at the base school upon several of the students. Still another focus is the espionage, covert operations, and a web of dark secrets involving former Nazi war criminals and the U.S. space program.

After the sensational murder trial of Ricky Froelich, a fifteen-year-old Métis foster son of family living on the base, the novel focuses on the adult life of Madeline. After being a key witness in the murder trial of Ricky, Madeline goes on to become one of the stars of "After-Three TV," a comedy show on Canadian television. As an adult, Madeline begins to uncover the truth of the molestations, her friend's murder, and discovers her own family's secrets. The ending is both shocking and poignant.

This is Ann-Marie Macdonald's second novel. Her first, *Fall on Your Knees*, was not only a *New York Times* bestseller, but also won the 1997 *Commonwealth Prize for Best First Fiction* and was on the shortlist for the *Giller Prize*, the *Chapters Canada First Novel Award* and the *Orange Prize for Best Novel by a Woman Writer*. She has also won the *Governor General's Award for Drama* with her play *Goodnight Desdemona (Good Morning Juliet)*.

Even though the eight hundred pages may seem daunting, this is a great novel to read. I would then recommend to those who enjoy great Canadian fiction to also read *Fall on Your Knees*, about the Piper family of Cape Breton Island.

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