

DNC 101, CRN 42017**Open Ballet, Fall 2009****Instructor:** Vanessa Wallen**Email:** Vanessa.Wallen@wwu.edu**Class Time and Location:** T R 9-10:20 am 311 E. Holly**Office Hours:** by appt**Catalog Description**

101 OPEN BALLET

No dance experience required. Basic principles of ballet as an artistic and physical medium. Introduction to ballet terminology, basic barre exercises, simple combinations in adagio and allegro. Repeatable to a maximum of 6 credits. S/U grading.

Alignment with College of Fine and Performing Arts Mission and Vision

This course supports the mission to *nurture a comprehensive understanding of the language of Movement Art*. Students will have opportunity to apply learning principles in the context of *creative and intellectual tools necessary for success, preparing them for a dynamic, lifelong relationship with the arts*. Thus, in keeping with elements of the College of Fine and Performing Arts conceptual framework, this course will support the *creation of thinking artists and artistic thinkers who will shape culture in the 21st century*.

Course Description

Barre will concentrate on basic ballet vocabulary and the efficient and effective alignment while standing and in motion. Exercises and combinations will develop and increase strength, stamina and flexibility. Center work will include simple petite and grande allegro, along with the introduction of port de bras variations.

Course Objectives

- Identify and execute basic ballet vocabulary at the barre and center
- Use effective/efficient alignment while standing and in motion
- Understand and execute sequential exercises and combinations
- Maintain a commitment to learning and active participation by carefully listening, observing/assessing progress and practicing on the side.

Course Requirements, Grading Criteria, and Assessment of LearningAttendance

Two unexcused absences ONLY are permitted. Excused absences, which must be University-validated, may be considered at the discretion of the Instructor

Late arrival - Please arrive on time and ready to dance. Three late arrivals will equal one absence.

Class Attire – Form-fitting attire that allows you to move and me to assess is highly recommended. Soft ballet slippers. Hair needs to be controlled and off the face.

Conferences – Any student may request a conference with me at any time during the quarter.

Grading - Open Ballet is Satisfactory/Unsatisfactory

A record will be kept of **how** you work in class by assigning points for each day you are present. 5 points - you are fully present, available and making choices. 2-4 - everything in between. After 2 unexcused absences (which no points will be deducted) you will receive 0 points if you did not come to class. There are a total of 100 points available.

S = 80+

U = 79 and below

Class Etiquette

Please remove street shoes before entering the studio. No gum chewing.

Health Policy

For any Dance students dealing with extended injuries or illness (i.e. more than one week), that affect attendance and/or participation in class or rehearsals, departmental procedure is:

1. Consult with your instructor or choreographer
2. The instructor or choreographer can request medical confirmation of your illness or injury
3. If you qualify for Student Health (cost: approximately \$60 per quarter, minimum 6 credit enrollment), their procedure requests that students call as early in the morning as possible (hours 8:30-4, MTWF, 9:30-4 R) and request to be seen. They try to operate on a same day schedule and, if necessary, they will refer you for physical therapy
4. If you choose to use a private provider or Student Health, a written prescription may be required for either continued participation or absence.
5. As you recover, your instructor or choreographer may request a medical release from your health provider.

Other Information

Encouraged: Attendance at *Fall Into Dance*, details to be announced in class.

There is an extra fee for all technique classes. This fee is charged with other tuition fees. Ballet technique fees pay for cds, guest teachers, and studio maintenance.

Dance Dept Website: <http://www.wvu.edu/depts/dance/syllabi.htm>

