Sustainable Transportation Competencies

Skateboard Competencies

- Never ride in the street.
- Don't take chances.
- Complicated tricks require careful practice and use of specially designed areas like a skateboard park. Tricks are not allowed on campus property.
- Only one person per skateboard.
- Observe all laws that pertain to skateboards.
- Never hitch a ride from a car, bus, truck, bicycle, etc.
- Dismount and carry your skateboard in the campus “Walk Zones”.
- Give a verbal warning when you pass pedestrians, especially on campus.
- Learn how to fall in case of an accident. It may help reduce your chances of being seriously injured
  - If you are losing your balance, crouch down on the skateboard so that you will not have so far to fall.
  - In a fall, try to land on the fleshy parts of your body.
  - If you fall, try to roll rather than absorb the force with your arms.
  - Even though it may be difficult, during a fall try to relax your body, rather than stiffen.