WHAT IS CONSENT?

- A clear verbal agreement
- Neither party is impaired by alcohol or other drug use
- Both parties are free to act
- It can be revoked at any time
- A sober yes is the best yes

SILENCE IS NOT CONSENT

In order to promote a safe community, Western encourages students to be active bystanders.

How Can You Be an Active Bystander?

1. Notice the event by paying attention to what’s going on around you.
2. Identify the situation as a problem.
3. Assume personal responsibility to intervene.
4. Determine how to intervene.
5. Step up and take action!

How Can You Intervene?

Use "I" statements.
State your feelings, name the behavior, then state how you want the person to respond.

Create Distraction.
This can be an indirect, yet effective, way to intervene. For example, if someone is harassing your friend, interrupt by telling them you have to speak with them immediately.

Support.
Offer your support to the person who has been hurt or offended.

Call for Help.
If the situation is escalating or is an emergency, consider calling someone for help, such as 911, your RA, or even a responsible friend.

RESOURCES

**Alcohol & Drug Consultation and Assessment Services (ADCAS)**
Old Main 560C | 360.650.6865

**Consultation & Sexual Assault Support (CASAS)**
Old Main 585B | 360.650.3700

**Counseling Center**
Old Main 540 | 360.650.3164

**Student Health Center**
2nd Floor Campus Services | 360.650.3400

**Domestic Violence Sexual Assault Services of Whatcom County (DVSAS)**
24-hour Help Line | 360.715.1563 or 877.715.1563

**Equal Opportunity Office**
Old Main 345 | 360.650.3307

**Office of Student Life**
Viking Union 506 | 360.650.3706

**University Police**
24-hour Emergency Line | 360.650.3911

**Bellingham Police**
24-hour Emergency Line | 911

**Student Rights and Responsibilities Code**
www.edu/dos/office/conduct/index.shtml

**University Residences | Residential Conduct Procedures**
https://housing.wwu.edu/apps/policies/residential-conduct-procedures

BROUGHT TO YOU BY:

PWS PREVENTION & WELLNESS SERVICES

PARTNERS IN HEALTH

ALCOHOL AND OTHER DRUGS AND VIOLENCE PREVENTION:

Policies, Resources, and Helpful Tips for Western Students, Faculty, and Staff

A DEPARTMENT OF:

WESTERN WASHINGTON UNIVERSITY
WESTERN’S EXPECTATIONS OF STUDENTS

Western students must assume responsibility for their own actions and maintain an environment conducive to the academic success, safety, and well-being of others.

Students are expected to be truthful, respect the rights of others, and abide by all university policies and procedures, as well as all local, state, and federal laws and regulations.

WWU students, faculty, and staff work to create a safe and healthy community, together.

WESTERN’S ALCOHOL AND OTHER DRUG POLICY

WWU is committed to maintaining an environment that is free of alcohol and other drug abuse for students, faculty and staff. We maintain this commitment in support of academic excellence, work performance, quality of life, and the well being of all community members.

WWU will uphold state and federal laws pertaining to alcohol and other drug use. It is required that all students and employees comply with these laws. Action may be taken on any violation of State and Federal law or University regulations. For complete policy text, visit: wwu.edu/vpsa/AODpolicy.shtml

Please note: It is a violation of University policy to possess, use, manufacture, cultivate, distribute, sell or provide marijuana on WWU property (grounds, buildings, parking lots), or at an official WWU function at any location. Violations may result in disciplinary action and/or legal citation. For complete penalty text, visit: wwu.edu/vpsa/AODpenalties.shtml

Know the Risks
Abuse of alcohol and other drugs can impair academic ability, work performance, relationships, and personal health and safety. For more information visit: www.edu/vpsa/AODrisks.shtml

Remember
Diversity of opinion and freedom of choice are essential concepts of the university tradition. This freedom requires students to exercise their personal responsibility to make informed decisions regarding the use of alcohol and other drugs and to accept the consequences of one’s own actions.

ALCOHOL AND DRUG CONSULTATION AND ASSESSMENT SERVICES (ADCAS)

ADCAS is a confidential service for Western students, faculty, and staff that provides assessment, individual feedback, education, and consultation with a professional regarding alcohol and other drug use. Voluntary individual sessions are free to Western students and address personal use or use by friends, family, or partners.

Group sessions for alcohol and marijuana are peer-facilitated, require a fee, and are a component of the sanctions required by WWU or by Whatcom County and Bellingham courts.

Old Main 560C | 360.650.6865

WESTERN’S SEXUAL MISCONDUCT POLICY

It is Western’s policy to provide an environment in which students, staff, and faculty can work, live and study free from all types of sexual misconduct.

- Sexual misconduct includes sexual harassment, sexual intimidation, sexual coercion, sexual exploitation, sexual assault, and any unwanted sexual conduct without consent.

- The University will act to prevent and eliminate such behavior. Students who wish to report sexual misconduct will be made aware of all reporting options, including their option to report to the police for a possible criminal investigation.

- Those found responsible for engaging in such behavior will be subject to sanctions, including written reprimand, suspension, or expulsion (WAC 516-23-270). To learn more, visit: www.edu/vpsa/SexualMisPolicy.shtml

If you or someone you know has been affected by sexual harassment or sexual violence, we encourage you to call Consultation and Sexual Assault Support (CASAS) for support and information. CASAS services include professional consultation; counseling and support groups; medical, legal, and academic advocacy; and reporting options. Call CASAS at 360.650.3700.

To request this brochure in an alternate format, email pws@wwu.edu. WWU is an equal opportunity institution. 6/14

If You Choose To Consume...

Moderate
- The risks are lower if you don’t consume alcohol or other drugs, but if you do, limit the amount you consume.
- Eat before you go out.
- Don’t mix substances and avoid drinking games, funnels, and other activities that get you too drunk too fast.
- Drink lots of water!

Safety Tips
- Go with a friend so you can look out for each other!
- Make sure you and your friends know the signs of an alcohol/drug overdose.
- Leave the party with the friends you came with.
- Don’t accept drinks or drugs from others and pour your own drinks.

Call 911 if You Think Someone Is Overdosing!

Good Samaritan Law

Washington’s 911 Overdose Good Samaritan laws state if you think someone’s overdosing or has alcohol poisoning and you seek medical help for the victim, neither of you will be legally charged for possessing or using drugs or for minor in possession.

Signs of an Overdose
- Any trouble breathing or having convulsions
- Vomiting excessively or vomiting blood
- Unable to stand/walk without help
- Unconscious or unresponsive
- Cold, clammy skin, and/or bluish lips

Don’t Drive Under the Influence!

Call a taxi, arrange a ride with a sober friend, or take the bus!

Western Shuttle | www.edu/transportation
WTA Transit | www.ridewta.com