IF YOU CHOOSE TO CONSUME...

Moderate!
- The risks are lower if you don’t consume alcohol or other drugs, but if you do, limit the amount you consume.
- Eat before you go out.
- Don’t mix substances and avoid drinking games, funnels, and other activities that get you too drunk too fast.
- Drink lots of water!

Safety Tips
- Go with a friend so you can look out for each other!
- Make sure you and your friends know the signs of an alcohol/drug overdose.
- Leave the party with the friends you came with.
- Don’t accept drinks or drugs from others and pour your own drinks.
- Alcohol consumption does not cause sexual assault, but can be used as a way to take advantage of someone. A sober yes is the best yes.

DON’T DRIVE UNDER THE INFLUENCE!

Call a taxi, ride with a sober friend, or take a bus!
Western Shuttle | wwu.edu/transportation
WTA Transit | www.ridewta.com

ALCOHOL AND DRUG CONSULTATION AND ASSESSMENT SERVICES (ADCAS)

ADCAS is a confidential service for Western students that provides assessment, individual feedback, education, and consultation with a professional regarding alcohol and other drug use. Voluntary individual sessions are free to Western students and address personal use or use by friends, family, or partners.

Old Main 560C | 360.650.6865

RESOURCES

Alcohol & Drug Consultation and Assessment Services (ADCAS)
Old Main 560C | 360.650.6865

Consultation & Sexual Assault Support (CASAS)
Old Main 585B | 360.650.3700

Counseling Center
Old Main 540 | 360.650.3164

Student Health Center
2nd Floor Campus Services | 360.650.3400

Domestic Violence Sexual Assault Services of Whatcom County (DVSAS)
24-hour Help Line | 360.715.1563 or 877.715.1563

Equal Opportunity Office
Old Main 345 | 360.650.3307

Office of Student Life
Viking Union 506 | 360.650.3706

University Police
24-hour Emergency Line | 360.650.3911

Bellingham Police
24-hour Emergency Line | 911

Student Rights and Responsibilities Code
wwu.edu/dos/office/conduct/index.shtml

University Residences | Residential Conduct Procedures
housing.wwu.edu/apps/policies/residential-conduct-procedures

To request this brochure in an alternate format, email pws@wwu.edu. WWU is an equal opportunity institution.
REV 6/16
WWU is committed to maintaining an environment that is free of alcohol and other drug abuse for students, faculty and staff. We maintain this commitment in support of academic excellence, work performance, quality of life, and the well-being of all community members.

WWU will uphold state and federal laws pertaining to alcohol and other drug use. It is required that all students and employees comply with these laws. Action may be taken on any violation of State and Federal law or University regulations. For complete policy text, visit: wwu.edu/vpess/alcohol_drug_information.shtml

Please note: It is a violation of University policy to possess, use, manufacture, cultivate, distribute, sell or provide marijuana on WWU property (grounds, buildings, parking lots), or at an official WWU function at any location. Violations may result in disciplinary action and/or legal citation. For complete penalty text, visit: wwu.edu/vpess/alcohol_drug_information.shtml

Know the Risks
Abuse of alcohol and other drugs can impair academic ability, work performance, relationships, and personal health and safety. For more information visit: www.edu/vpess/alcohol_drug_information.shtml

Remember
Diversity of opinion and freedom of choice are essential concepts of the university tradition. This freedom requires students to exercise their personal responsibility to make informed decisions regarding the use of alcohol and other drugs and to accept the consequences of one’s own actions.

Western students, faculty, and staff work to create a safe and healthy community, together.

WESTERN’S EXPECTATIONS OF STUDENTS

Western students must assume responsibility for their own actions and maintain an environment conducive to the academic success, safety, and well-being of others.

Students are expected to be truthful, respect the rights of others, and abide by all university policies and procedures, as well as all local, state, and federal laws and regulations.

Western’s Alcohol and Other Drug Policy

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