

CHOOSING a MAJOR WORKSHOPS

During winter, spring and fall 2016, Career Counselors from the Career Services Center and Academic / Career Advisors from the Academic Advising Center co-facilitated an interactive Choosing a Major workshop, held in a computer lab. A pre and post online survey was administered to all students attending the workshop. The goal was to help students understand the process of choosing a major that aligns with their interests and abilities and increases their knowledge of academic policies and major requirements.

Survey Question <i>"I am able to..."</i>	PRE SURVEY Strongly Agree & Agree Results n: 74	POST SURVEY Strongly Agree & Agree Results n: 49
State when WWU expects me to declare a major	53%	92%
Identify the requirements to declare majors that interest me	38%	94%
Consider how my interests and abilities connect to majors available at WWU	64%	88%
Identify resources to explore and answer my questions about choosing a major	54%	96%
Identify steps I want to take to continue my choosing a major process	39%	94%
Choose a major with confidence	31%	67%

Data: Overall, students felt more confident and knowledgeable in taking next steps to choose their major.

Action: Continue to offer the workshops in a lab setting with staff from both centers to maximize available resources to students. Refer them to follow up workshops on the declaration process and the topic of college to career.

Student Learning Outcomes: As a result of their interactions with the Career Center, students will feel more confident about making academic/career decisions and identifying resources available to help them in making academic and career decisions.