

NAKAMA XIV: Circle of Friends

THEME: MAKING AN IMPACT - The Vision & The Venture

Whatcom Community College - Syre Student Center

Wednesday, September 4, 2002

FINAL PROGRAM (8-29-02)

Registration & Coffee/Pastries (8:00 - 8:30)

- **Optional Activity: Getting to Know our Neighbors** - Tour of Whatcom Community College

"Thunderhorse" - Native American Drummers (8:15 - 8:50)

Welcome & Opening Remarks (8:50 - 9:20)

- MC ("Man of Comedy") - Chris Roselli, Admissions, WWU
- Welcome & Introduction of New WWU Staff Members as well as guests from other WWU divisions, the NWIC and WCC - Dr. Eileen Coughlin, VP for Student Affairs and Academic Support Services, WWU
- Nakama Award Presentation, Dr. Eileen Coughlin

General Session (9:20 - 10:30)

- **Impacting the Way Other People Experience Life! Energy, Passion and Fun... Creating a culture where people feel served and appreciated.**
 - Pike Place Market "FISH" Video (website: www.pikeplacefish.com)
 - Keynote Address - Jim Lortz, Professor of Theatre Arts, WWU

BREAK (10:30 - 10:50) (Beverages & Snacks)

Morning Breakout Sessions (10:50 - 11:40)

- **"FISH" Video Follow Up:** I don't throw fish in my job, so how can I incorporate the concepts of the video into my everyday work? - Linda Amburgy & Dave Dettman, University Residences, WWU
- **NWIC Student Success Program: A Comprehensive Approach to Retention -** It's been four years since the Office of Student Life established the first Northwest Indian College/Western Washington University "Recruitment and Retention Task Force." The Task Force was initiated to address the low retention rates of NWIC transfer students and research issues affecting their experience and persistence at Western. During this session, participants will learn about the NWIC Student Success Program and hear first-hand from current and past NWIC transfer students about their personal obstacles encountered during their first year and the factors that attributed to persistence at Western - Sonia Arevalo-Hayes and Carmen Perez-Frayne from the Office of Student Life, WWU and Cindy Dodd from the NWIC...plus a panel of NWIC students!
- **Team Building:** Stages of team development, communication, problem solving, task & maintenance functions, and collaboration & goal setting. Come ready to participate in an experiential activity that will knock your scales off! All of us know that we're supposed to have a good work team, but what action steps could we be taking to move to a better place? You'll learn how to take a team inventory/survey and determine the best ways to use a team effectiveness check sheet. Whether you're a team leader or team member, come for new ideas... and when you leave you'll no longer be a fish out of water when it comes to teambuilding! If you saw Alice last year, you'll remember that she's a live wire! - Alice Rowe, Ph.D., Trainer/Author/Educator/Speaker www.alicerowe.com
- **Taking Digital Photographs for Work and for Pleasure:** Bring a digital camera! A hands on experience including tips for incorporating into websites & presentations. Some basic information about digital cameras and the images that are taken, along with gathering a list of software and programs which people can use for digital pictures: 1) Viewer and slideshow programs, 2) Image manipulation, and 3) HTML/thumbnail gallery software. You too can join, taking pictures of the conference for display for others to see - Iain Davidson, University Residences, WWU
- **"Designs" for the Human Mind:** Does your brain think in sentences and lines, columns and rows? Or in pictures, symbols and free association of words? Join Arunas Oslapas in an exercise with "mind mapping," a brainstorming process originated by Tony Buzan of the Learning Methods Group in England. Oslapas, an associate professor of industrial design in the engineering technology department, uses mind mapping to teach industrial design students how to organize their work to create winning designs. It can help anyone faced with making business presentations, educational reports or difficult personal decisions. Oslapas leads his students in creating innovative solutions to everyday problems as they become masters of blending art with technology. His students have created several exhibits for the Whatcom Museum of History and Art, including a time capsule exhibit in 2001; "Defying Gravity: The Wonder of Flight" in 2000 and "The Physics of Toys" in 1997 - Arunas Oslapas, Engineering Technology, WWU.

LUNCH (11:50 - 1:00)

- **A Smooth Tropical Blend of New Flamenco and Latin Guitar Music** by Western's very own **David Weiss** (University Operating Budget Department.) Born in Syracuse, NY to a Chinese-Trinidadian mother and a German-Jewish father, Weiss studied classical guitar at WWU in the late 70's and early 80's, and spent a good part of the 80's playing lead guitar on the Canadian club circuit with hard rock acts. In the 90's, he began composing original music for solo classical and acoustic guitar, and today he performs both solo and as the frontman for a five-piece acoustic band playing Santana and Jack Johnson covers alongside his originals. Weiss explores unusual territory with his selection of songs and choice of instrumentation.
www.bima.com/david

Early Afternoon Breakout Sessions (1:10 - 2:00)

- **The Psychology of Peak Performance and Personal Excellence - Winning Attitudes:** The 4 C's of Personal Excellence: Confidence, Concentration, Composure & Commitment - Dr. Ralph Vernacchia, Director, Center for Peak Performance, WWU www.ac.wvu.edu/~cpe
- **Campus Recycling - A 25 Year Odyssey:** Western's recycling program began as a student volunteer run dropoff center in an old house. Presently housed in its own facility, the program recycles 70 percent of the academic building's waste stream and 30 percent of residence hall's trash. Learn more about our recycle program. - Jim Schuster & Richard Neyer, Viking Union/Student Activities, WWU
- **Campus Housing Occupancy Management.** What does it take to provide campus housing to every enrolled Western student who wants it? Two parts computer simulation, one part crystal ball gazing, a few decisions, a little hand wringing, and a measure of good luck. Come see how it all cooks up. This presentation will (1) review campus-housing occupancy, (2) introduce, briefly, tools and rules of systems dynamics to develop simulations, and (3) demonstrate Powersim Studio 2001, a software program used to project campus housing occupancy through Fall Opening 2011 - Willy Hart, University Residences, WWU
- **How to Find Out What the Student is Asking** to Provide Stellar Service and Reduce the "Western Run Around": Key ways to determine what the real issues might be when a student calls or approaches you with a question, how to deal with difficult situations, students & parents, and tips for portraying empathy including non-verbals & tone of voice. What are the typical questions from students at various offices... and, better yet, what are the ANSWERS?! What office handles WHAT? An especially relevant session for front line staff! Jim Orr - Counseling Center, Tasha Yules - University Residences and Allison Smith - Associated Students President, WWU.
- **Color Pots to Brighten Your Fall** - Come and see the latest in fall container plants and learn how to create unique and colorful pots! Kathleen will demonstrate step-by-step how to build your pot from start-to-finish, utilizing concepts such combining plant mediums and colors, and choosing plants that will thrive in our unique Northwest climate - Kathleen King, The Garden Spot

BREAK (2:00 - 2:20) (Beverages & Snacks)

Mid Afternoon Breakout Sessions (2:20 - 3:10)

- **The Status of WWU's Facilities:** Physically Fit? Needs Retoning? Hopelessly Out of Shape? - This presentation will cover the status of current facilities, new facilities, and a long term look at improving the overall facility health of the campus - Tim Wynn, Director of Facilities Management, WWU
- **Retaining Students: Data that sheds light on Western students' level of engagement in academic, co-curricular and extra-curricular activities** - Carl Simpson and Sharon Schmitz, Institutional Research & Resource Planning, WWU
- **Making a Positive Impact Through Personal Stress Management:** Learn how to proactively manage the stress in your life before it manages you. In this workshop, participants will learn about nature's built-in overdrive - the stress response. They will also learn strategies and techniques for keeping the stress in their lives within a beneficial and healthy range. - Toi Geil, Counseling Center, WWU
- **Boot Camp Advising:** This is an irreverent look at today's student and further explores the idea of implementing a Boot Camp mentality for advisers and anyone else who deals in the day-to-day student/parent operations. You will need to bring a sense of humor to this presentation - Mike Singletary, Academic Advising, WWU
- **Good Leaders Make Great L.O.V.E.R.S.:** Listen, Observe, Verify, Empathize, Reward and find Satisfaction in the work that you do - Dr. Violet Malone, Professor, Adult & Higher Education, WWU
- **Team Building.** (*A repeat of the morning session.*) - Alice Rowe, Ph.D., Trainer/Author/Educator/Speaker www.alicerowe.com

SHORT GENERAL SESSION & CLOSING REMARKS (3:20 - 3:50)

- **Creativity: How do you Ask the Unusual Questions** - Dr. Eileen Coughlin, VP for Student Affairs & Academic Support Services, WWU

DISPLAY COOKING & NETWORKING RECEPTION (3:50 - 5:00)

- **Send your Taste Buds to Italy!** Fruit, Cheese and Crusty Italian Breads plus Flaming Desserts - Donated by University Dining Services (Sodexo) - Ciao!!
- **Optional Activity: Getting to Know our Neighbors** - Tour of Whatcom Community College