How to be a RESPECTFUL ATTENDEE at a party in BELLINGHAM

If you decide to attend a party in a Bellingham neighborhood, there are a few things you can do to make your night enjoyable while respecting neighbors.

**HOW TO PREVENT GETTING A CITATION**

<table>
<thead>
<tr>
<th>DON’T</th>
<th>ALWAYS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Drink if you are under 21</td>
<td>Leave when asked</td>
</tr>
<tr>
<td>Drink and drive</td>
<td>Call a taxi or catch a ride with a sober friend if you are drinking</td>
</tr>
<tr>
<td>Destroy or mistreat a neighbor’s property</td>
<td>Be aware of what IS and IS NOT the property you are visiting</td>
</tr>
<tr>
<td>Refuse to leave if the police break up the party</td>
<td>Cooperate with police officers</td>
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</table>

*Most likely, you’ll have a great time, but you should be prepared to address the “what if’s.”*

**SAFETY TIPS**

**MODERATE**

The risks are lower if you don’t drink, but if you do, limit the amount of alcohol you drink.

Decide before the party about how much you plan to drink and count your drinks at the party.

ALWAYS KNOW what you are drinking and HOW MUCH you’ve consumed.

**STICK TOGETHER**

Go with a friend so you can look out for each other!

Make sure you and your friends know the signs of an alcohol overdose.

Leave the party with the friends you came with.

**AVOID**

Don’t accept drinks from others and pour your own drinks.

Avoid drinking games, funnels, and other activities that get you too drunk too fast.

Don’t go to a party if you don’t know the host.

**GOOD SAMARITAN LAW**

Washington’s 911 Overdose Good Samaritan laws state if you think someone’s overdosing or has alcohol poisoning and you seek medical help for the victim, neither of you will be charged for possessing or using drugs or for minor in possession.

**SIGNS OF OVERDOSE**

Any trouble breathing or having convulsions

Vomiting excessively or vomiting blood

Unable to stand/walk without help

Unconscious or unresponsive

Cold, clammy skin, and/or bluish lips

**SIMPLE TACTICS FOR LEAVING GRACEFULLY**

If you feel the party is getting too big or out-of-control, or you are uncomfortable for any reason, it might be a good idea to leave. Even if you feel un-cool for leaving, it is better than experiencing a busted party.

Trust your intuition about the situation; if it feels risky, it probably is!

Talk to your friends before the party. Make a plan to stick together and have a signal for when you want to leave.

If you decide to leave alone, always tell someone you are leaving and where you are going.

**DON’T DRINK AND DRIVE**

Call a taxi, arrange a ride with a sober friend, take the bus, or stay over if you need to.

Alternate Bellingham Transportation

<table>
<thead>
<tr>
<th>WTA TRANSIT</th>
<th>BELLINGHAM TAXI</th>
<th>BLUE CAB</th>
<th>WESTERN SHUTTLE</th>
<th>SOBER ROVERS</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.ridewta.com">www.ridewta.com</a></td>
<td>360.220.4990</td>
<td>360.734.3787</td>
<td><a href="http://www.wwu.edu/transportation">www.wwu.edu/transportation</a></td>
<td>360.734.9111</td>
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